

Dental Implant Center of Vero Beach

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Intravenous Sedation Instructions

Many complex surgical procedures are most comfortably and safely performed with the assistance of intravenous (IV) medications. This method of anesthesia or “twilight sleep” produces optimum comfort and relaxation, thus making the surgical procedure more pleasant for the patient and technically easier for the surgeon. Patients who receive IV medications in the surgeon’s office always remain in a “recovery” area and are observed by the professional staff until the effects of the medication have dissipated enough to allow the patient to safely leave the office accompanied by a responsible adult. It should be noted, however, that the effects of the IV medications can persist for up to 24 hours after dismissal from the office.

Patients receiving IV medications should wear loose fitting clothing (including a shirt with short sleeves) on the day of surgery and **must** be accompanied by an adult who is present in the reception area during the entire surgery and who can drive them home. Patients who wear false nails or nail polish should remove them pre-operatively. Finally, patients receiving IV medications **must not** have anything to eat or drink for at least 6 hours before their surgery except for a small sip of water to take needed medications (i.e., pills for high blood pressure, diabetes, etc.)

The following instructions are given for those who will be accompanying and/or caring for patients who have received IV medications in the office. These persons should:

1. Accompany the patient on the day of their surgery and remain in the office reception area during the entire surgery until the patient is discharged into their care.
2. Provide direct assistance in walking the patient (i.e., arm support) and transporting the patient to or from any bed or seated area. Such bed or seated area should be chosen to limit the potential for the patient to fall out and to minimize injury should this occur. A bed or sofa close to the floor usually is the best choice.
3. Keep the patient under continuous observation for at least 3 hours following dismissal from the office. After 3 hours, observe the patient at least every 15 minutes for 2 additional hours.
4. Assist the patient to closely follow the doctor’s post-operative instructions regarding medications, dressings, rest, diet, ice packs, etc.
5. Assure that the patient does not operated a motor vehicle or other heavy machinery for at least 24 hours following the surgical appointment.
6. Call the office at the above number should any questions arise during the recovery period.

The above information has been explained to the patient and/or guardian and is fully understood.

Signature

Relationship

Date